

CAFÉ UBÉ ALLERGEN MENU	1. Celery	2. Cereals Containing Gluten	3. Crustaceans	4. Egg	5. Fish	6. Lupin	7. Milk	8. Molluscs	9. Mustard	10. Nuts & Seeds	11. Peanuts	12. Sesame	13. Soya	14. Sulphur dioxide
YOGHURTS & DESSERT POTS														
Raspberry							✓							
Exotic medley							✓							
Cheese cake pots		✓					✓							
Granola pot		✓					✓			✓		✓		✓
Bircher muesli		✓					✓			✓				✓
PORRIDGE														
Porridge with skimmed milk		✓					✓							
Porridge with almond milk		✓								✓				
SANDWICHES ON GRANARY BREAD														
Chicken, crispy bacon and avocado		✓		✓			✓		✓					
Smoked salmon with rocket & black pepper		✓			✓		✓							
Icelandic prawn & chive mayonnaise		✓	✓	✓			✓		✓					
Montana smokehouse		✓		✓			✓		✓					✓
Coronation chicken salad with cucumber & mango chutney		✓		✓			✓		✓	✓		✓		✓
Wiltshire ham salad with English mustard mayo		✓		✓			✓		✓					✓
Tuna, sweetcorn & red pepper		✓		✓	✓		✓		✓				✓	
Ham, Jarlsberg and green kraut relish	✓	✓		✓			✓		✓					
VEGETARIAN SANDWICHES														
Chickpea, sweetcorn & pumpkin seeds		✓		✓			✓		✓	✓				✓
Mature cheddar cheese salad & onion marmalade		✓					✓		✓					✓
Egg mayo and cress		✓		✓			✓		✓					✓
MULTIGRAIN ROLLS														
Tuna, sweetcorn and red pepper		✓		✓	✓		✓		✓				✓	
Mature cheddar cheese salad & onion marmalade		✓					✓		✓					✓
Chicken, crispy bacon and avocado		✓		✓			✓		✓					
Wiltshire ham salad with English mustard mayo		✓		✓			✓		✓					✓
SOFT ROLLS														
Ham and cheese		✓					✓							
Double ham		✓					✓							
Egg mayo and cress		✓		✓			✓		✓					✓
WRAPS														
Thai tuna mayo		✓		✓	✓				✓			✓	✓	

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Chilli chicken		✓		✓					✓			✓	✓	
1/2 thai tuna mayo		✓		✓	✓				✓			✓	✓	
1/2 chilli chicken		✓		✓					✓			✓	✓	
SMALL SALADS (375gm)														
Chicken pasta		✓		✓	✓		✓		✓				✓	✓
Ham hock				✓					✓				✓	✓
Hummus & crudites	✓											✓		
SALADS														
Sticky sesame chicken noodle		✓		✓						✓		✓	✓	
Tuna Niçoise				✓	✓				✓					✓
Lebanese chicken and riced cauliflower												✓		
House salad with superfood quinoa and citrus dressing		✓							✓					✓
Hummus & falafel mezze									✓	✓		✓		✓
Roast butternut squash and feta with leaves and seeds							✓		✓	✓		✓		✓
BAGUETTES														
Coronation chicken		✓		✓			✓		✓	✓		✓		✓
Ham and Jarlsberg salad with onion marmalade		✓					✓		✓					✓
FRITTATA MUFFINS														
Bacon, egg and cherry tomato				✓			✓							
Roast butternut squash, feta & pumpkin seeds				✓			✓			✓				
BRIOCHE BUNS														
Smoked salmon and cream cheese		✓		✓	✓		✓							
FLATBREAD														
Hummus and falafel salad		✓					✓					✓		
Sesame chicken salad		✓		✓					✓			✓	✓	
MULTIGRAIN BAGUETTES														
Egg mayonaise, mustard & cress		✓		✓			✓		✓					✓
Ham & Jarlsberg with onion marmalade		✓					✓		✓					✓
CROISSANTS														
Ham & cheese		✓		✓			✓							
HOT WRAPS & PANINIS														
Mexican chicken wrap		✓					✓		✓				✓	✓
Pulled pork burrito with refried beans		✓					✓		✓					✓

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Feta, roast butternut squash and seed wrap		✓					✓			✓				
Ham and cheddar cheese panini		✓					✓							
Haloumi & harissa panini		✓					✓							

No information here should be used as a guarantee, but simply as a best faith effort to serve our customers